

Explore the "Wadden" in the very North of Holland.

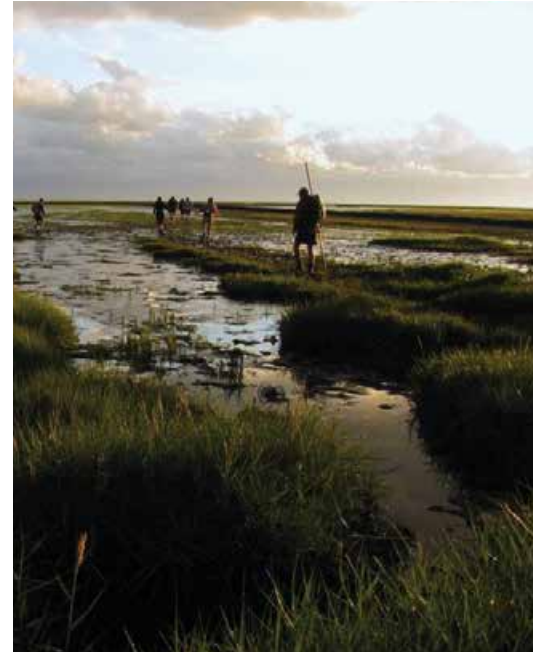
The adventure starts in Pieterburen where is completely organized and focused on Mudflat Hiking.

## What is Mudflat hiking ?

Mudflat hiking is provided by nature! Because of the pull of the moon, the sea ebbs and flows twice a day. This means that the water moves out when it is low tide and comes back in when it is high tide.

You can wade on the seafloor when the water is low. Low water occurs at different times every day, realize that nature dictates the schedule.

During the walk you will pass through salt marshes, mud, sand banks and fields, and trenches. You sometimes sink to your knees in the mud and occasionally may have to wade through a trench where the water comes up to your waist!



## ITINERARY

### Day 1

Pieterburen 🍃 warm welcome 🍃 traditional Dutch dinner 🍃 rest for the tour!!

### Day 2

Get up at 5:30 am 🍃 rich breakfast 🍃 Let's start the hiking tour (3.5 hours)  
🍃 Dutch dinner or barbecue & Enjoy the wellness of Wadden and the unique bar culture

### Day 3

Good morning and enjoy the breakfast 🍃 Checking out 🍃 say goodbye

Did you know that it is also possible to walk to an island and enjoy your time there? Hollandbreak will take your luggage to **Schiermonnikoog** (the first national park in Holland) or **Ameland** (where you will find a scenic refuge called "Oerd", a large complex of dunes which is expanding by the year.

Hollandbreak will arrange all your transportation to the different destinations.

\*\* Based on your wishes, Hollandbreak will give you a tailored quotation of itinerary as soon as possible.